

REFEREE'S NOTES

2

# smart START

## CPR11 ACTION PLAN

BE READY TO REACT TO  
A CARDIAC EMERGENCY



1

## REFeree'S ENVIRONMENT CHECK

- \* Pitch check
- \* AED location check
- \* Stretcher check
- \* Coach & captain introductions
- \* Identify team's medical support
- \* Smart Start review

**smart**  
**START**

**CPR11 ACTION PLAN**

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1

**RECOGNISE**  
a non-contact collapse  
is a cardiac arrest until  
proven otherwise



2

CALL 111



3

**START** chest  
compressions



4

**FOLLOW**  
defibrillator's  
instructions

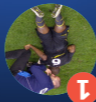
  
NEW ZEALAND  
FOOTBALL

**FIFA**   
FOOTBALL  
FOR HEALTH  
F-MARC

**ACC**  
**SportSmart**

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